



Harvard Pilgrim
Health Care

Reduce My Costs

Do you have upcoming outpatient tests or procedures?
Or other routine health services you've been waiting
to reschedule?

We're here to help.

Our Reduce My Costs program could help you save hundreds of dollars
on tests and procedures, especially if you have a high-deductible plan.

As healthcare providers begin re-opening facilities, we can help you get
back on track with non-emergency services AND lower your out-of-pocket
expenses—without compromising the quality of your care.

Turn over for more information.

FORM NO: NH_CC16951_0820



Harvard Pilgrim Health Care includes Harvard Pilgrim Health
Care, Harvard Pilgrim Health Care of New England and
HPHC Insurance Company.

Reduce My Costs is easy to use!

Call **(855) 772-8366**, or connect with us online via live chat at **harvardpilgrim.org/reducemycosts**

Your Reduce My Costs nurse can:



Let you know of other providers that are convenient, in-network AND cost less.



Assist with scheduling/rescheduling or with any needed paperwork, if desired.

Save money on routine services such as MRIs, CT scans, mammograms, colonoscopies, ultrasounds, lab work and more.

Get rewarded, too! When you choose a lower cost provider, you could not only save, but get rewarded* for it! Rewards range from \$10 to \$75 in value.

Visit [harvardpilgrim.org/reducemycosts](https://www.harvardpilgrim.org/reducemycosts)

* Rewards are considered taxable income; please consult with your tax advisor. Massachusetts members may receive a maximum of five Reduce My Costs rewards per calendar year. Per state regulations in Connecticut, rewards are in the form of health and wellness gift cards.



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